Dianne Rudolph RN, DNP, GNP-bc, CWOCN 271 Deer Park Lane Center Point, TX 78010 Cell: (210) 421-1657 Dianne.rudolph@gmail.com

Education:

09/2008-05/2011: Doctor of Nursing Practice (DNP), University of Texas Health

Science Center Houston School of Nursing.

09/2002-08/2004: Geriatric Nurse Practitioner Program, University of Texas Medical

Branch, Galveston, TX

01/1996-03/1996: MD Anderson Cancer Center Enterostomal Therapy Nurse Edu

cation Program, Houston, TX

09/1987-12/1991: MSN, University of Texas Health Science Center San Antonio

School of Nursing, San Antonio, TX

09/1982-05/1986: BSN: College of Our Lady of the Elms, Chicopee, Massachusetts

Licenses/Certifications:

- Texas RN license #561280, exp. 1/31/20
- CWOCN, certified through WOCNB in 1996 # 2002155987,exp 12/19/19
- Advanced practice status as Gerontological Nurse Practitioner certified through ANCC in 2004# 2004002563, exp. 10/31/19
- BCLS exp. 2020

Professional Affiliations:

- Wound, Ostomy, and Continence Nurses Society (WOCN)
- Association for the Advancement of Wound Care (AAWC)
- Sigma Theta Tau International
- Texas Medical Directors Association (TMDA)

Faculty Appointments:

- Adjunct Faculty: University of Texas Health Science Center Houston School of Nursing. August, 2011- 2016
- Adjunct Faculty: Our Lady of the Lake University, Department of Nursing, San Antonio, TX. March 2012- December 2012
- Adjunct Faculty: University of Texas Health Science Center at San Antonio School of Nursing. May 2012- 2016

Experience:

October 2019-present: Nurse Practitioner, South Texas Wound Associates

• Assessment and management of patients with wounds and skin issues in inpatient and long term acute care (LTAC) settings.

January 2019-December 2019: Nurse Practitioner, Centric Physicians, Boerne, TX.

- Full time NP provider responsible for evaluating and treating patients in post-acute, long term care and assisted living facilities.
- Responsible for geriatric care for older adults in long term care (nursing home), skilled care (rehab), and assisted living facilities in the Hill Country Area.
- Scope of care includes geriatric care as well as wound care.

September 2018-January 2019: Nurse Practitioner, WellMed Corporation, San Antonio, TX.

• Full time NP position responsible for evaluating and treating patients for wound care issues in an outpatient wound clinic setting and in the home environment in the San Antonio area.

February 2015-March, 2016: Nurse Practitioner, part time employee for Gentiva Hospice, Kerrville, TX.

• Part time NP responsible for face to face visits and prn visits for Hospice patients on service with Gentiva.

March, 2012-March 2016: Nurse practitioner, (contract) for Boerne Family Medicine Practice, Boerne, TX

- Part time contract nurse practitioner for 90 bed long term care facility.
- Geriatric and wound care management
- Coordination of care with wound treatment nurse

January, 2011-September 2018: Nurse Practitioner, South Texas Veterans Health Care, San Antonio, TX

- Full time Nurse Practitioner within the Audie L Murphy Division.
- Part of an interdisciplinary team providing wound, skin and ostomy care to veterans in inpatient and outpatient settings as well as long term care.
- Served as Chair, Interdisciplinary Hospital Pressure Ulcer Prevention Program to reduce/eliminate hospital acquired pressure ulcers (HAPU).

- Policy and procedure development related to wound care at the local level
- Development and delivery of formal and informal education to staff, nursing students, allied health students and medical residents on topics in wound and ostomy care.
- Involved in developing of a wound documentation tool (PUSH Tool) for use in CPRS (electronic health record).
- Transferred to Kerrville Division, Community Living Center, August 2012
- Full time provider in 32 bed extended care unit with focus on medically complex patients with multiple comorbidities: long term care, skilled care and hospice through March, 2016.
- Responsible for implementation/management and direction of part time *outpatient* wound clinic (currently 24+ hours a week) with focus on patients with multiple chronic wounds and problem ostomies.
- Committee member, Bariatric Task Force Group, April 2015-September 2015.
- Transferred to Geriatric Evaluation and Management Clinic, 3/30/16.
- Primary Care Provider for medically complex older patients (Currently 16+ hours a week).

January, 2009- September 2011: Nurse Practitioner, South Texas Wound Associates

- Part time Nurse Practitioner (12-16 hours a week).
- Assessment and management of patients with wounds and skin issues in inpatient and long term acute care (LTAC) settings.
- In-service staff education and consultation.
- Policy protocol development.

May 2007- October 2011: Nurse Practitioner, Rehab Institute of San Antonio (RIOSA)

- Part time Nurse Practitioner with Physical Medicine and Rehab (PMR) physicians on weekends/holidays and prn (36-40 hours/month).
- Assessment and management of patients with orthopedic injuries, neurodegenerative diseases, wounds, and traumatic brain injuries.

July, 2006-January, 2017: Nurse Practitioner, Alamo Hospice and In-Home Care

- Per diem consultant for assessment and management of hospice patients with chronic wound and/or pain issues
- Provider of inservice education to nursing and other staff on hospice issues

May1, 2006- August, 2011: <u>Faculty Joint Appointment, University of Texas Health Science Center</u>

- Part time faculty (50%) in the graduate nursing program, responsible for clinical and didactic instruction.
- Guest lecturer for courses in pathophysiology, pharmacology and clinical nurse specialists.
- Course Coordinator for the Gerontological Nurse Practitioner Program
- Part time faculty (50%) with the Department of Family and Community Medicine
- Assessment and management of patients with wounds and chronic/acute disease in long term care, skilled care, assisted living, and clinic settings.
- Promoted to Assistant Professor, September, 2010.

June 20, 2005-August 15, 2006: Nurse Practitioner, Geriatric Associates of America

- Full time nurse practitioner in long term care (skilled and custodial) providing direct and consultative care to geriatric patients.
- Diagnosis and management of residents with multiple chronic medical problems.
- Assessment and treatment of chronic wounds as a consultant and as a primary care provider.
- Participation in administrative and educational activities with goals including reduction of polypharmacy, Foley catheter use, falls, feeding tube use, and improving quality of care for geriatric residents.

January 4, 2005-June 16, 2005: <u>Nurse Practitioner, Physician Outreach Services, Dr.</u> <u>Junji Higuchi</u>

- Full time advanced practice nurse providing direct and consultative care for patients in home, assisted living, long term care, skilled care, and long term acute care settings.
- Diagnosis and management of patients with multiple chronic medical problems
- Assessment and treatment of patients/residents with multiple chronic wounds as both a consultant and primary care practitioner.

January 1999- June 2006: <u>Independent Consultant: Wound, Ostomy and Continence</u> Services

- Independent clinical, legal, and educational consultant in wound, ostomy and continence services.
- Independent contractor for wound and ostomy care for 2 hospital systems and one home health care agency in San Antonio, TX.
- Planning and presentation of formal and informal clinical services in acute care, long-term care, and long-term acute care facilities in the San Antonio and surrounding areas.

- Presentation of educational offerings for physicians, nurses and allied health care professionals in wound and ostomy care statewide in Texas.
- Development of algorithms, policies and procedures related to wound/ostomy/ skin care.
- Legal consultant/nurse expert witness in medical malpractice cases and for ALJ federal hearings for medical necessity cases.

March 2000-July 2001: Flex Pool Nurse, Audie Murphy VA Med Center, San Antonio, TX

- PRN position at VA as staff nurse on cardiology, surgical, hematology/oncology and spinal cord center units.
- Responsible for multiple aspects of routine care for a variety of clients with multiple cardiac, medical, surgical, and neurological dysfunctions.

December 1991-January 1995

& January 1998-September 2001: <u>Instructor, University of Texas Health Science Center, San Antonio, TX</u>

- Full time/part time clinical and didactic instructor in undergraduate BSN and flexible process programs.
- Responsible for large classroom instruction and small group teaching on multiple medical/surgical topics (pharmacology, cardiology, anatomy and physiology, vascular disease, etc.).
- Responsible for test item analysis and construction.
- Chair on Committee for Scholarships and Awards for both faculty and students.
- Preceptor and Mentor for graduate nursing students pursuing a master's degree.
- Planned and presented CEU offerings through the continuing education department (cardiac pacing, wound care, ventilators, IV therapy).

February 1995-January 1999: <u>Case Manager/ET nurse at The Medical Team Home</u> Health, San Antonio, TX

- Full time (through 4/98) and later per diem wound, ostomy, and continence nurse for a large urban home health agency with branches in San Antonio, Austin and New Braunfels. Texas.
- Responsible for implementation and management of wound/skin care team.
- On site clinical consultant for complex wound and ostomy patients in all branches.

- Telephonic consultant for branches of The Medical Team in Virginia, Louisiana, and Michigan.
- Developed and provided CEU offerings on multiple wound and ostomy topics for both staff education and marketing.
- Developed and provided in-service programs to home health aides on skin care and ostomy care.
- Consultant for long term care settings (managed care market), including on-site assessment and recommendations as well as development of policies and protocols related to wound and continence care.

December 1992-January 1994: Clinical Nurse, Hill Country Home Health, Boerne, TX

- Responsible for providing direct care to patients with a variety of wound, ostomy, diabetic, cardiac and oncology disorders.
- Provided in-services on multiple topics including documentation and the Nurse
 Practice Act

March 1992-March 1995: "Stars" In-House Pool Nurse, University Hospital, San Antonio, TX

- Full time/part time staff nurse in the surgical intensive care unit (SICU) and the post anesthesia care unit (PACU).
- Provided direct care for critically ill surgical and trauma patients as well as postoperative patients of all ages and diagnoses.
- Provided in-service education to the staff on ventilators and respiratory care issues.

August 1990-January 1992: <u>Clinical Staff Nurse, Southwest Texas Methodist Hospital,</u> <u>San Antonio, TX</u>

- Full/part time nurse in the medical intensive care unit (MICU).
- Provided direct care for critically ill medical patients.

September 1986-September 1990: <u>Active Duty in the United States Army Nurse Corps.</u>, <u>Brooke Army Medical Center, Fort Sam Houston, TX</u>

- Served as staff and charge nurse on a 35-bed gastroenterology floor and later a 15 bed Trauma ICU.
- Provided and/or supervised care of medical and trauma patients.

- Served as in-service and training coordinator for staff on assigned units.
- Developed and implemented educational programs to teach hemodynamic monitoring to obstetrical nurses at BAMC.
- Presented lectures to RN students in the ICU training course on topics such as GI crises and abdominal trauma/injuries.
- Served as one of three committee members responsible for setting up and conducting a hospital-wide skills and knowledge verification for RNs and LVNs employed in the emergency, ICU, and specialty care settings.
- Served as a preceptor for students as well as RNs new to the ICU setting.
- Responsible for developing a unit based orientation program with combined aspects of Quality improvement, preceptorship, and continuing education.

May 1986-September 1986: <u>Charge Nurse, Timberlyn Heights Nursing Home, Great Barrington, Massachusetts</u>

- Served as full time charge nurse on day shift while awaiting orders for active duty
- Supervised LPN and CNA staff, provided treatments and comprehensive care of residents
- Provided staff education on various topics related to skin care, medication administration, and dementia

Other Projects/Activities:

- Planning Committee Member, Kerrville Wound Care Symposium, February 2018
- Chair, San Antonio Area Enterostomal Therapy Nurses Committee (June, 2001 to January, 2004)
- *Member*, Convatec National Ostomy Advisory Board (March 2004-2006).
- Research Coordinator, "A Prospective Randomized Clinical Trial Evaluating Panafil and Regranex in Patients with Diabetic Foot Ulcers" Sponsored by Healthpoint, San Antonio, TX (January, 2001-June, 2001)
- Research Assistant, "Outcomes of a Heel Ulcer Prevention Study", sponsored by the Tri-care Services Foundation, Brooke Army Medical Center, Texas (November, 2000-February, 2001)
- Principle Investigator, San Antonio Site, "Phase III Clinical Trial of PAMS", sponsored by Convatec, Princeton, New Jersey. (September 2004-February 2005)

- Member, National Gerontologic Nurses Association (2007-2014)
- Member, Wound Ostomy and Continence Nurses National Board (WOCNB) Advance Practice committee (January, 2009- July, 2010)
- Board of Directors, Texas Medical Directors Association. (May 2015-present)

Awards:

- 1990: One of three nominees for "Nurse of the Year" at BAMC.
- 1990: Army Commendation Medal
- 1990: Army Achievement Medal
- 1993, 1994: Outstanding Faculty Award, University of Texas Health Science Center, San Antonio, TX
- 1999: Inducted into Sigma Theta Tau (International honor society for nursing)
- 2008 Excellence in Teaching Award, Graduate Program, UT Health Science Center San Antonio School of Nursing.
- 2011 Who's Who in American Colleges and Universities
- 2014 South Texas Veterans Health Care Administration COIN Award for service/ clinical excellence
- 2014 South Texas Nurse Image Maker Award

Publications:

- Rudolph, D (2018): Enterocutaneous Fistulas. In J. Shah, ed.
 Textbook of Chronic Wound Care: An Evidence Based
 Approach to Diagnosis and Treatment. Flagstaff, AZ:
 Best Publishing
- Rudolph, D (2018): Geriatric Skin Issues. In J. Shah, ed.
 Textbook of Chronic Wound Care: An Evidence Based
 Approach to Diagnosis and Treatment. Flagstaff, AZ:
 Best Publishing
- Rudolph, D., & Cantu, J. (2016). Wound Dressings. In J. Shah, P. Sheffield, & C. Fife (Eds.), *CWS wound certification exam review*. 2nd Edition. Flagstaff, AZ: Best Publishing.
- Rudolph, D. & Cantu, J. M. (2016). Pressure Ulcer Prevention and Skin Care Issues.. In J. Shah, P. Sheffield,& C. Fife (Eds.), *CWS wound certification exam review*. 2nd edition. Flagstaff, AZ: Best Publishing
- Rudolph, D. M. (2016). Evidence Based Practice and Research. In J. Shah, P. Sheffield, & C. Fife (Eds.), *CWS wound certification exam review.* 2nd Edition. Flagstaff, AZ: Best Publishing.
- Rudolph, D. & Heiderich, E. (2016). Infection control. In J. Shah, P. Sheffield, & C. Fife (Eds.), *CWS wound certification exam review.* 2nd edition. Flagstaff, AZ: Best Publishing.
- Rudolph, D. (2016). Fistulae Management. In J. Shah, P Sheffield., & C. Fife (Eds.), *CWS wound certification exam review.* 2nd edition. Flagstaff, AZ: Best Publishing.
- Rudolph, D.,& Heiderich, E. (2016). Patient education and preparation. In J. Shah, P Sheffield, & C. Fife (Eds.), *CWS wound certification exam review.* 2nd edition. Flagstaff, AZ: Best Publishing.
- Rudolph, D. (2016). Wound Documentation and Legal/Ethical Issues in wound care. In J. Shah, P. Sheffield, & C.

Presentations (2012):

- "Common Dermatological Conditions in Long Term Care" co-presented with Dr Richard Usatine at the American Medical Directors Annual Conference, San Antonio, TX, on March 4, 2012 (National)
- **"Wound Care Update: Lower Extremity Wounds"** presented at Texas Medical Directors Annual Conference, Austin, TX on August 15, 2012.(State)
- "Pressure Ulcer Prevention and Skin Care" presented for nursing staff at South Texas Veterans Healthcare Administration, Kerrville, TX on August 29, 2012.

Presentations (2011):

- "Support Surface Selection" presented at the Southwest General Hospital Annual Wound Conference on March 5, 2011
- "Skin Issues in the Urology Patient", Presented at the regional Society of Urological Nurses and Associates (SUNA), April 2, 2011

Presentations (2008-2010):

- "Case Studies in Lower Extremity Ulcers", presented at the Texas Nurse Practitioner Conference, San Antonio, TX on September 9, 2010.
- "Glycemic Control in Older Adults", presented at the Texas Nurse Practitioner Conference, San Antonio, TX on September 9, 2010.
- "Topical Wound Therapies" and "Chronic Wound Care Management" presented as a webcast for Morningside Ministries in San Antonio, TX, June, 2010.
- "Pressure Ulcer Management in the Older Adult" presented at the Annual Institute on Aging, UTHSCSA/VA, San Antonio TX, June, 2010.
- "Management of Enterocutaneous Fistulae" presented at the Southwest General Hospital Annual Wound Conference on March 7, 2010
- "Wound Assessment and Documentation" presented as a webcast for Morningside Ministries in San Antonio, TX on February 8, 2010.

- "Inflammation and Tissue Repair" presented to the graduate nursing students in Pathophysiology at UTHSCSA, January, 2010.
- "Pressure Ulcers and the Impact of Pay for Performance" presented to at the Southwest General Hospital Annual Wound Conference on March 6, 2009.
- "Wound Assessment and Documentation" and "Best Practices in Wound Care" presented to the Clinical Nurse Specialist and Nurse Practitioner students at UTHSCSA on March 6, 2008.
- "Common Dermatologic Issues for APNs and Sepsis/Shock" presented to Clinical Nurse Specialist Students at UTHSCSA on May 1, 2008.
- "Legal Issues in Wound Care; How to protect against litigation" presented at the San Antonio Alamo Chapter of Wound Ostomy and Continence Nurses Annual Conference, San Antonio, TX on October 11, 2008.
- "Assessment and Management of Wound Infections" presented at the 8th Annual Preceptorship and Pharmacology Conference, San Antonio, TX on October 18, 2008.
- "Cardiovascular Case Studies and Hypertension in the Older Adult" presented for the APN students at UTHSCSA on October 23, 2008.

Presentations (as of 2004-7):

- "Chronic Wound Care" provided for the San Antonio Chapter of the National Geriatric Nurses Association, San Antonio, TX. January 26, 2004
- "Chronic Wound Care, Wound Assessment and Documentation, Legal and Ethical Wound Care Issues" provided for the Statewide association of Directors of Nursing in Long Term Care, Austin, TX. February 9, 2004
- "Legal and Ethical Issues in Wound Care" Southwest General Wound Care Conference, San Antonio, TX. March 6, 2004
- "Chronic Wound Care, Wound Assessment and Documentation, Solutions for Topical Therapies in Wound Care". Provided for the nurse practitioner students at the University of Texas Health Science Center, San Antonio School of Nursing. Spring, 2004, 2005, 2006

- **Legal and Ethical Issues in Wound Care**" San Antonio Nurses ET Conference, San Antonio, TX. May 2004.
- "Advances in Wound Care" Preceptorship Program at the University of Texas Health Science Center San Antonio School of Nursing. June 5, 2004
- "Aging Skin and Pressure Ulcers" Summer Institute of Aging, University of Texas Health Science Center San Antonio. June 8, 2004, June 6, 2005
- "Wound Assessment and Documentation, Dermatology Issues in the Geriatric Population" Provided fro the UTMB Gerontological Nurse Practitioner Students, Galveston, TX. August, 2004
- "Wound Assessment and Wound Staging" provided as an in-service to the nursing staff of Alta Vista Nursing Center, April 7, 2005.
- "Nursing Management of Tubes, Drains, and Fistulae" Teleconference arranged by Convatec, May 19, 24, 2005.
- "Legal Aspects of Wound Care" Provided as an in-service to the staff of Memorial Medical, August 20, 2005"
- "Case Studies in Wound Care" provided as in-services to the staff of Morningside Manor, November 1-2, 2005.
- "Skin Care 101" provided to the staff of Morningside Manor on November 3, 2005.
- **"Delirium, Dementia and Depression**" provided as part of the Gerontological Nurse Certifications Course at the Haven in Stone Oak, February 25, 2006
- "Wound Assessment and Documentation" and "Chronic Wound Care" presented to the Clinical Nurse Specialist and Nurse Practitioner students at UTHSCSA on April 11, 2006
- "Nonpharmacologic Management of Behavioral and Psychiatric Symptoms in Persons with Dementia". Presented to the Alzheimer's Organization Hill Country Conference, Boerne, TX, October 25, 2006.
- "Dancing with the Stars; Case Studies in Chronic Wounds" Presented to the Southwest Chapter of the National Gerontologic Nurses Association, May 15, 2007.
- "Management of Dermatological Conditions" presented as guest lecturer in Advanced Pathophysiology class, UTHSCSA, December 5, 2007

Lectures presented within assigned courses (2006-present):

(Not all inclusive):

Geriatric Polypharmacy

Falls: risk assessment and management

COPD

Chronic Lower Extremity Ulcers

Management of Dementia

Delirium vs. Dementia

Hospice and Pallliative Care

Osteoporosis

Vitamin D Deficiency Syndrome

Parkinson's disease

Pain management in the hospice patient

Wound management

Topics presented in the past (1996-2003):

Wound Assessment and Documentation

Moist Wound Healing

Outcome Measurement in Wound Care

Chronic Wound Care

Identification and Management of Venous Leg Ulcers

Wound Care Update

Topical Therapies in Wound Care

Essentials of Stoma Marking

Basic Ostomy Care

Advanced Ostomy Care

Management of Tubes, Drains, and Fistulas

Overview of the Wound Vac

Platelet Derived Growth Factors

Stress and Wound Healing

Pressure Ulcer Assessment and Management

Psychosocial Aspects of Having an Ostomy

Nursing Management of Patients with Peripheral Vascular Disease

Management of Patients with Inflammatory Bowel Disease

Updated 1/5/2019